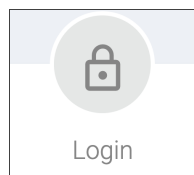


WELLNESS PORTAL REGISTRATION

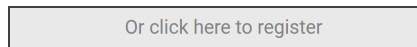
STEP 1: Open one of the following browsers:

Google Chrome
Microsoft Edge
Apple Safari
Mozilla Firefox

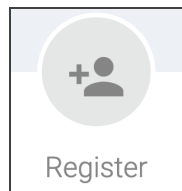
STEP 2: Go to CECM.medkeeper.com



STEP 3: Select "or click here to register."



STEP 4: Input your information:

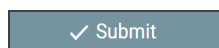


First name: full, legal first name

Last name: full, legal last name

Password: create a password at least 8 characters long including at least 1 of the following special characters @ # ! & * \$

STEP 5: Select "submit."

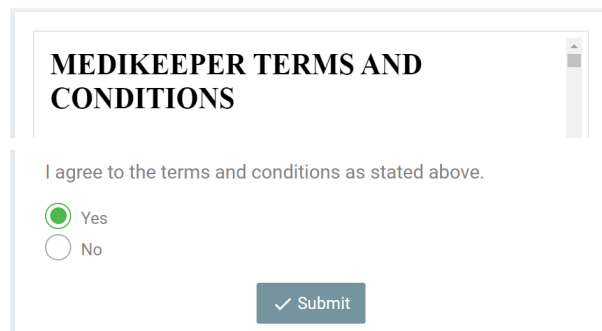


TIPS: If you are having issues, try these troubleshooting tips:

- Restart your computer
- Close all other applications, windows, and tabs
- Use a different internet browser
 - Google Chrome, Microsoft Edge, Apple Safari, or Mozilla Firefox
- Try these instructions from a browser on a mobile device

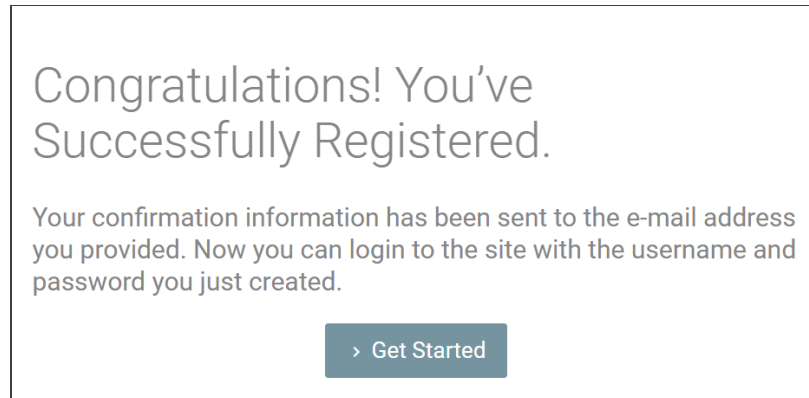
STEP 5: Read the terms and conditions.

If you accept, select “yes” and submit.



The screenshot shows a web form titled "MEDIKEEPER TERMS AND CONDITIONS". Below the title, it says "I agree to the terms and conditions as stated above." There are two radio button options: "Yes" (which is selected with a green dot) and "No". At the bottom right of the form is a "Submit" button with a checkmark icon.

STEP 5: Select “Get Started.”



The screenshot shows a confirmation message in a white box with a black border. The text reads: "Congratulations! You've Successfully Registered." Below this, it says: "Your confirmation information has been sent to the e-mail address you provided. Now you can login to the site with the username and password you just created." At the bottom center is a "Get Started" button with a right-pointing chevron icon.

STEP 6: Explore!



Select this information icon when it appears to learn more



SOCIAL PROFILE REGISTRATION

STEP 1: You will be prompted to create a social profile for challenges.


Select "Set your nickname."

Please Complete Social Nickname to Continue.

✓ Set your nickname

STEP 2: Select your "Social Avatar" by clicking the avocado icon.

Social Avatar:
Add a social avatar to personalize your account!




Scroll and select your favorite avatar, then select "submit."

Appearance

Select the avatar that you would like to represent you if you elect to not use your profile picture on social sections of the portal.

Select Avatar (Required):



✓ Submit

STEP 3: Type a nickname. For example, "Michael" could type "Mike" or something silly instead.

Social Nickname
Add a nickname that will be used in your challenges and social features!

STEP 4: Select your preference for what name and graphic other users see, then "submit"

✓ Submit

To change these settings at any time, go to the "Wellness Challenges" tile and select "Edit My Profile"

