



First birthdays to bucket list adventures

An HSA helps you save smarter through all stages of life

A health savings account (HSA) allows you to save money for qualified medical expenses that you're expecting, such as contact lenses or monthly prescriptions, as well as unexpected ones – this year and for any future needs. It's a win-win for saving on health costs today, tomorrow, and even through retirement.

Check out these highlights:



Call dibs on your money

It's all yours until you spend it – even deposits made by others, like an employer or family member. You keep it, even if you change jobs, health plans or retire.



Save, earn and spend income tax-free (legally)

Yes, that's right. You generally won't pay income taxes on your HSA funds. HSAs put more money in your pocket with income tax-free:

- Contributions to your account (up to the annual limit)
- Interest and potential investment earnings
- Funds used for qualified medical expenses



Why choose an HDHP with HSA?

When choosing between a traditional copay plan (PPO) and a qualifying high deductible health plan (HDHP) paired with an HSA, the HDHP with HSA is often the financial winner. That's because you get tax advantaged savings to cover a variety of qualified medical expenses now and into the future.

This approach typically offers lower premiums and more control of your health care dollars. And if you don't have immediate medical needs, you can save your HSA funds until you do – unused funds are yours to keep for life.

Save on out-of-pocket costs head to toe

Your HSA covers you and your family for a wide variety of qualified products and services like:

- Dental care, including extractions and braces
- Eye exams, glasses and contacts
- LASIK surgery
- Prescription medications
- Foot treatment
- Chiropractic services
- Ultrasounds
- Doctor's office visits and procedures

Go to optumbank.com/QualifiedExpenses to see a searchable list with more eligible expenses.



Save for everything from X-rays to catching rays

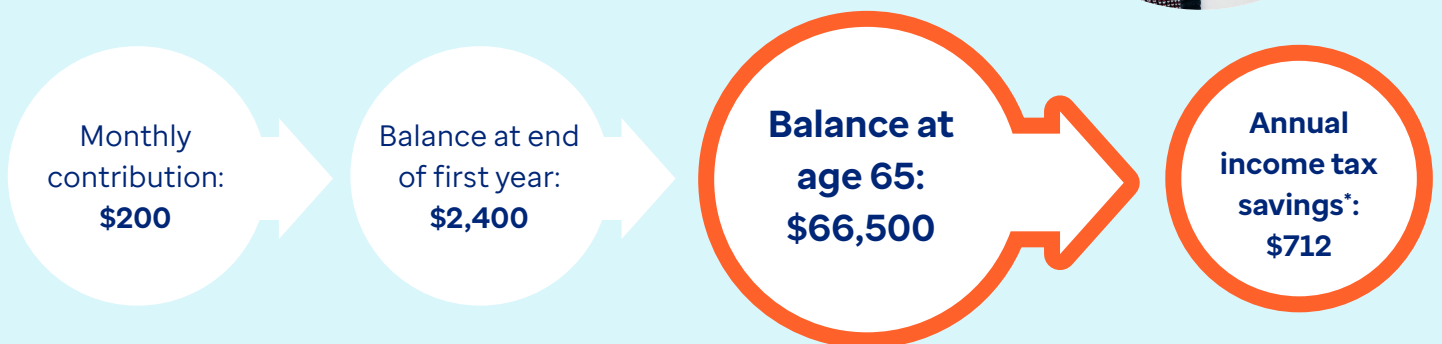
Your HSA rolls over from year to year, so you can continue to grow your savings and use it in the future – even into retirement on a beach.

There are contribution limits, set by the IRS and adjusted annually. These limits are:

- \$3,850 for individual coverage in 2023; \$4,150 in 2024
- \$7,750 for family coverage in 2023; \$8,300 in 2024
- \$1,000 extra if you're 55 or older, also known as a catch-up contribution

See how Jake is supersizing his nest egg

Meet Jake. He's 30 and considers himself fairly healthy. When he started his new job, he decided to open an HSA and contribute \$200 per month. He uses \$500 each year to cover his health costs. Here's how much he saves with his HSA:



Use the HSA contribution calculator on optumbank.com to help determine your contributions and see how much you can save on taxes.



Ready to enroll?

Enrolling in an HSA is quick and easy because it's built into your employer's benefits enrollment. Check your employer's enrollment materials for more information on how to sign up.



Scan the QR code, or go to optumbank.com/HSAvideo, to see how you can save.



Go to optumbank.com to learn more.

Investments are not FDIC insured, are not bank issued or guaranteed by Optum Financial or its subsidiaries, including Optum Bank, and are subject to risk including fluctuations in value and the possible loss of the principal amount invested.

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*Assuming 22% federal income tax and 7.65% FICA. Results and amount will vary depending on your particular circumstances.

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Common questions about HSAs

There's a lot of information out there about health savings accounts (HSAs). So, we've pulled together some common questions that people are asking, especially during open enrollment time.

Q: What can I use my HSA for?

A: You can use the funds in your HSA to pay for qualified medical expenses like:

- Doctor's office visits, lab fees and medical procedures
- Dental care, including extractions and braces
- Vision care, including contact lenses, prescription sunglasses and LASIK surgery
- Prescription medications and over-the-counter treatments
- And so much more

Keep in mind that at age 65 or over your HSA can be used as extra income. That means you have the option to withdraw your funds for anything, including nonqualified expenses, without incurring a withdrawal penalty. Note that you'll still need to pay income tax on it. Under 65? In that case you'll be hit with a 20% penalty for using your HSA money on nonqualified expenses, plus you'll pay income tax, too.

Q: What are the benefits of an HSA?

A: HSAs are tax-advantaged accounts that help people save and pay for qualified medical expenses. Your HSA lets you:

- Contribute money through payroll contributions before it's taxed
- Grow your funds income tax-free
- Make income tax-free withdrawals for qualified medical expenses
- Carry over available dollars from year to year
- Keep all funds in it even if you change jobs, change health plans or retire
- Pay for qualified medical expenses for a spouse or tax dependent
- Consolidate any other HSAs you may have into one Optum Financial HSA for extra convenience

Go to optumbank.com for more details.

Note: Your HSA contributions are either tax-deductible or pre-tax (if made by payroll deduction). You may contribute directly to your HSA from your personal account and deduct that from your federal tax return. Most states also recognize HSA contributions as a deduction but a few do not. Similarly, a few states tax interest earned on your HSA. See IRS Publication 969, or consult a tax advisor to see how your state treats HSA contributions.

Q: Who qualifies for an HSA?

A: To be eligible to open an HSA, you must have a qualifying high-deductible health plan (HDHP) that meets IRS guidelines for the annual deductible and out-of-pocket maximum.

You also cannot be:

- Covered by any other health plan that is not an HDHP
- Currently enrolled in Medicare or TRICARE
- Claimed as a dependent on another individual's tax return
- A recipient of Department of Veterans Affairs (VA) benefits within the past three months, except for preventive care. If you are a veteran with a disability rating from the VA, this exclusion does not apply.

Q: What is a qualifying HDHP?

A: For 2024 those are; at least \$1,600 in deductibles for individual coverage and \$3,200 for family coverage, and out-of-pocket not exceeding \$8,050 for individual coverage and \$16,100 for family coverage.

Q: What happens to my HSA if I no longer am covered by a qualifying high-deductible plan (HDHP)?

A: While you can no longer contribute to your HSA, your HSA funds are yours to keep and use for life.

Q: Are health insurance premiums considered qualified medical expenses?

A: In general, no, but exceptions include qualified long-term-care insurance, COBRA health care continuation coverage and any health plan maintained while receiving unemployment compensation under federal or state law. For those 65 and older, you can typically use your HSA to pay for Medicare premiums for Medicare Parts A, B, C (Medicare HMO and PPO plans) and D. Premiums for Medigap policies are not qualified medical expenses.

Q: How much can I contribute to an HSA?

A: For 2024, the IRS set annual contribution limits of \$4,150 for individual coverage and \$8,300 for family coverage.

Note that any contributions made by you, or by anyone else, count toward this limit.

Primary account holders ages 55 or older can contribute an additional \$1,000 each year. Spouses may also contribute an additional \$1,000 if they are over age 55; however, they must contribute to an HSA set up in their own name.

Q: How can I make contributions?

A: There are two easy ways to make a deposit:

1 Payroll deductions through your employer, if available

2 Online at optumbank.com using your personal bank account

Q: When can contributions be made?

A: Contributions for a taxable year can be made any time within that year and up until the tax filing deadline for the following year, which is typically April 15.

Q: Can I reimburse myself for expenses prior to my enrollment in an HSA?

A: No. Qualified medical expenses may be reimbursed only if the expenses are from after the date your HSA was established.

Q: Is there a time limit for reimbursing myself?

A: You can reimburse yourself at any time for expenses you paid for out of pocket. There is no time limit, but the expenses must have been incurred since you opened your HSA.

Q: How can I use my HSA to pay for qualified expenses?

A: You can use your HSA payment card, use online bill pay, or pay out of pocket and then pay yourself back using HSA funds.

Q: Can I use my HSA to pay for non-health-related expenses?

A: Yes. However, any amount that is taken out of your HSA and not used exclusively to pay for qualified medical expenses for you, your spouse or your eligible tax dependents is subject to income taxes and an additional 20% IRS penalty, except in the case of distributions made after your death, disability or reaching age 65.

Q: What happens if my HSA contributions exceed the annual contribution limit?

A: If you contribute more than the IRS annual contribution limit, you have until the tax-filing deadline to withdraw excess contributions. If excess contributions are not withdrawn by the tax-filing deadline, an annually assessed excise tax of 6% will be imposed on any excess amount.

Q: Is tax reporting required for an HSA?

A: Yes. You must complete IRS form 8889 each year with your tax return to report total deposits and withdrawals from your account. You do not need to itemize. For more information about tax rules including distribution information, visit [optumbank.com](https://www.optumbank.com) and consult a tax advisor.

Q: What happens to my HSA when I die?

A: If you are married, your spouse will become the owner of the account and assume it as their own HSA. If you are unmarried, your account will cease to be an HSA. The money in your account will pass to your beneficiaries or become a part of your estate, and it will be subject to applicable taxes.

Q: Can I invest my HSA dollars?

A: Yes, you can choose to invest your HSA dollars once you reach your investment threshold. Visit [optumbank.com](https://www.optumbank.com) for more details.



Ready to enroll?

Enrolling in an HSA is quick and easy because it's built into your employer's benefits enrollment. Review your enrollment materials so you don't miss your chance to sign up.



Scan the QR code, or go to optumbank.com/QualifiedExpenses, to see a searchable list of qualified expenses.

Go to optumbank.com to learn more.

Investments are not FDIC insured, are not bank issued or guaranteed by Optum Financial or its subsidiaries, including Optum Bank, and are subject to risk including fluctuations in value and the possible loss of the principal amount invested.



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Pay for brighter smiles, income tax-free

Pay for thousands of HSA qualified medical expenses

You can use your health savings account to pay for qualified medical expenses for yourself, your spouse and your eligible dependents. Funds in your HSA are tax advantaged – and stay that way when you pay for qualified medical expenses. That makes your HSA a smart way to save and pay for what you need.

You'd be surprised at all the qualified medical expenses

Paying with tax advantaged HSA funds makes all these items cost you less. See a searchable list on optumbank.com/QualifiedExpenses to easily find many more items.

<ul style="list-style-type: none">• Acupuncture• Alcoholism treatment• Ambulance• Artificial limbs• Artificial teeth• Breast reconstruction surgery (mastectomy-related)• Chiropractic services• Dental treatment (X-rays, fillings, braces, extractions, etc.)• Diagnostic devices (such as blood sugar test kits for diabetics)	<ul style="list-style-type: none">• Doctor's office visits and procedures• Drug addiction treatment• Eyeglasses, contact lenses and eye exams• Eye surgery (such as laser eye surgery or radial keratotomy)• Fertility enhancements• Hearing aids and batteries• Hospital services• Laboratory fees	<ul style="list-style-type: none">• Long-term care (for medical expenses and premiums)• Menstrual care products• Nursing home• Nursing services• Operations/surgery (excluding unnecessary cosmetic surgery)• A wide range of over-the-counter drugs and medications• Physical therapy	<ul style="list-style-type: none">• Prescription medicines• Psychiatric care• Psychologist counseling• Speech therapy• Stop-smoking programs• Vasectomy• Weight-loss programs (must be to treat a specific disease diagnosed by a physician)• Wheelchairs• X-rays
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How do I pay with my HSA?

To pay for qualified medical expenses, choose the option that's most convenient for you:



Use your Optum Financial payment card



Pay out of pocket and then take funds out of your HSA to reimburse yourself



Use online bill pay

Using your payment card is an easy way to pay for qualified medical expenses directly from your HSA. You can add your card to your mobile phone's digital wallet so it's always with you.



Save your receipts

Be sure to save all receipts for your qualified medical expenses in the event that you are audited. You can easily upload and store images of your receipts online on optumbank.com or using the Optum Bank mobile app.



Learn about what counts

Visit optumbank.com/QualifiedExpenses and see what medical expenses are eligible with our easily searchable list.



Shop the Optum Store – your one-stop destination for qualified products

Find the brands you trust at prices you'll love. Head to the [Optum Store](#) where it's easy to see what products and services are qualified – so you can take the guess work out of what you can spend your funds on.

Use code OPTHSA5 with your HSA to receive a 5% discount at checkout.*



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*The promotional code OPTHSA5 cannot be applied to previously placed orders, and cannot be combined with other promotional codes. Additionally, the code cannot be used for prescription drugs or virtual care visits. Promotional codes are not transferable or redeemable for cash or credit. To apply a promotional code you must enter it prior to completing the order. Free and expedited shipping offers do not apply to shipping outside of the contiguous United States. Additional shipping restrictions may apply.

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